



What do audiences get from Carol Gignoux?

Answers

Attention Deficit Disorder affects over 8 million American adults, but symptoms often go unrecognized for years. Carol gives audiences the tools they need to identify ADD/ADHD before work or life relationships get damaged.

Insights

Daily life can seem like an uphill battle for many adults facing ADHD. Carol gives audiences a window into the distracted mind and teaches executives, managers, and teachers how to create environments where ADHD people can flourish.

Strategies

ADHD symptoms can become liabilities to professional and personal relationships. Carol gives audiences practical techniques for eliminating distraction, disorganization, and procrastination in their job and at home.

Examples

If you think ADD/ADHD is something that only affects children, guess again: ADD/ADHD children grow up to become ADD/ADHD adults. Carol gives audiences real life examples from her own personal experiences as an Adult with ADHD.